

## The 'Food for Thought' Project & Application Form

The International Network of Michelin Cities (INMC), in collaboration with the City of Clermont-Ferrand and association ANIS Etoilé, invites you to participate in the 'Food for Thought' project, an **international training program** aimed at **educators and cooks/chefs**.

This initiative seeks to **promote sustainable food and consumption choices** through **awareness-raising/training, cooking workshops** and **field visits**. Thanks to the initial training of education sector professionals and catering professionals, the project aims to then **reach groups of schoolchildren to rethink their relationship with food, relearn taste from fresh locally-sourced produce, and revive the transmission of culinary know-how between generations** by involving groups of **senior citizens** at their side.

### Planned activities

- [In Clermont-Ferrand – 3 days] **Training course in Clermont-Ferrand** in April 2026 themed **"Climate and Nutrition in Children's Plates"**, with a focus on **practical games and educational tools** (i.e. cooking workshops), as well as **expertise and best practices sharing with international teachers and professional cooks/chefs**.  
**+ Meet the people locally involved in the project, including sustainable food policy figures** and tour a **school**, an **intergenerational village**, a **local farm**, and other exciting locations which embody the project.  
> Facilitated by **ANIS Etoilé**, an association specialised in sustainable food education, awareness-raising and cooking workshops - international and intergenerational.
- [Locally, in your hometown] Facilitation of awareness-raising **sustainable food workshops/cooking workshops + field visits to producers involving schoolchildren** and, on occasion, **senior citizens**.
- **Production of a cross-city almanac** in order to **highlight project-related activities** and other **local sustainable initiatives and policies**, and promote **culinary heritage and terroir** of each participating city/region.



***The INMC and the City of Clermont-Fd will fully cover the costs of training, accommodation, and meals during the 3 days in Clermont-Ferrand. In addition, a mobile cooking kit will be funded for each city as well as the design and printing of the almanac.***

